



# Foundation for SELF Leadership

EMPOWERING LIVES THROUGH SELF-DISCOVERY

Visit us at [www.FoundationIFS.org](http://www.FoundationIFS.org)

## **We invite you to give to the Foundation.**

Your contribution will allow the Foundation to realize its vision of promoting emotional healing and health through research and advocacy, examining the efficacy of IFS, making it eventually an evidence-based practice within psychotherapy and expanding its scope across many fields of human endeavor. Thank you.

You may make your gifts in a single transaction or on a monthly basis—the latter may be easier and more affordable for you and would bring consistent support to the Foundation.

Single Donation

\$500

\$250

\$100

\$  Other amount

Monthly Donation

\$100

\$50 monthly

\$25 monthly

\$  Other monthly amount

**Please mail this completed form to Foundation for Self Leadership, P.O. Box 873, Union, NJ 07083.**

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Check here if you like to make your gift anonymously

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### **Would you like to donate in memory or in honor of a dear individual?**

In Memory or  In honor of: Name: \_\_\_\_\_

Please provide name and email of person you would like us to notify: \_\_\_\_\_

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**We thank you for your generosity and commitment to Self Leadership.** Your dollars will help bring healing and well-being to individuals and communities. The Foundation for Self Leadership is a 501 (c) (3) not-for-profit organization. Your contributions to the Foundation are tax deductible to the extent allowed by law.